Domestic Violence Awareness Month Webinar Events & Trainings for Staff

Please make sure to get authorization from your direct supervisor before attending.

Event: Together We Heal

Date/Time: Thursday, October 1st, 2020 at 12pm

Event Link: www.tinyurl.com/TogetherWeHealDV

Hosted By: San Diego Domestic Violence Council

The event is free and no registration is required! SDDVC President, Claudia Grasso via WebEx for a debut presentation of a Domestic Violence Survivor, words of encouragement from District Attorney Summer Stephan and City Attorney Mara Elliott, learn about local agencies assisting victims and families, and how you can help this collaborative community make a difference. As a community we have overcome and adapted to the challenges 2020 has presented to us.

Event: Teen Dating Violence 101: Tools and Resources to Support Youth

Date/Time: Wednesday, October 7th, 2020 from 1-2pm (English) & 5-6pm (English or Spanish) **Event Link:** <u>https://sdcoe.k12oms.org/918-190916</u>

Hosted By: Teen Dating Violence Committee of SDDVC

A county-wide, virtual training brought to you by the Teen Dating Violence Subcommittee of the San Diego Domestic Violence Council for all school Staff, Teachers, Teens, and Parents! This VIRTUAL training will provide information on what teen dating violence means, the different warning signs to be aware of, and how it affects the well-being and safety of youth. This training will also provide statistics, prevalence rates, and information on how to approach our youth about teen dating violence. It is free and geared for all school staff, teens, and parents. We hope you will join us to help keep San Diego's youth safe.

Event: Healthy Relationship Workshop Series

Date/Time: Wednesdays in October, (10/7, 10/14, 10/21, 10/28) from 4-5 pm **Event Link:** www.tinyurl.com/DVAM2020

Hosted By: Center for Community Solutions

Description: Workshops are open to youth ages 13-24. Workshop topics include introduction to healthy relationships, consent and boundaries, unpacking social norms, and bystander intervention! Folks can attend as many or as little as they'd like. Youth who attend all 4 workshops will receive a certificate as a fun bonus. ASL interpretation is available.

Event: Domestic Violence Awareness Month Virtual Conference - Advocacy in Action Virtual Conference Day 1

Date/Time: Wednesday, October 7th, 2020

9:00am - 9:40am: Identifying and Implementing Tools to Develop Resiliency 9:50am - 10:30am: The Impact of Adultification on Child Survivors of Trauma with a Focus on

Children of Color

Event Link: <u>https://zoom.us/meeting/register/tJYkcO2rqjsuEtxjsA-</u> GI0ZYB6ImL_ItQTpF?timezone_id=America%2FLos_Angeles Event: Domestic Violence Awareness Month Virtual Conference - Advocacy in Action Virtual Conference Day 2 Date/Time: Wednesday, October 14^{th,} 2020 9:00am - 9:40am: Survivor-Centered Service Design and Delivery 9:50am - 10:30am: Supporting Safe Engagement with Men Who Cause Harm Hosted By: CCA Event Link: <u>https://zoom.us/meeting/register/tJ0qce2prz4qHdOarMoM0ZI--tUFTjRZ-</u> H4B?timezone_id=America%2FLos_Angeles

Event: Domestic Violence Awareness Month Virtual Conference - Advocacy in Action Virtual Conference Day 4 Date/Time: Wednesday, October 21st, 2020 9:00am - 9:40am: Access to Services &Safety for Immigrant Survivors 9:50am - 10:30am: Virtual Courts-Helping Clients during a Pandemic Hosted By: CCA Event Link: <u>https://zoom.us/meeting/register/tJwucOuhpz4oEtF_vjDOPykUfnpsul6e-</u> P2N?timezone_id=America%2FLos_Angeles

Event: Purple Thursday: Wear Purple for Domestic Violence Awareness Day **Date/Time:** Thursday, October 22nd, 2020 - All Day Event

October is National Domestic Violence Awareness Month. The month-long observance reminds us to stay vigilant with our message that violence must end! It also provides an opportunity for us to celebrate the Survivors of intimate partner violence. Long used as a symbol for those seeking justice, the color purple is the rallying color for survivors to reclaim their power. Join us in our mission to support survivors and promote awareness by wearing purple on Purple Thursday 10/22.

Event: Domestic Violence Awareness Month Virtual Conference - Advocacy in Action Virtual Conference Day 3 Date/Time: Wednesday, October 28th, 2020 9:00am - 9:40am: Addressing Historical Trauma and its Impact on Our Work 9:50am - 10:30am: Confronting Privilege & Bias to Make Meaningful Change Hosted By: CCA Event Link: https://zoom.us/meeting/register/tJ0kcOCqqjkrGNLQBzZIPrqqVIAEKEEECkBH?timezone_id=Am erica%2FLos_Angeles

Pre-Recorded Watch Anytime!

Event: Supporting Families of Young Children at Risk for Ongoing Domestic Violence **Date/Time:** Watch anytime

Event Link: <u>https://mhttcnetwork.org/centers/global-mhttc/product/supporting-families-young-children-risk-ongoing-domestic-violence</u>

Through a case example of a family with young children who are at risk for continued experiences of domestic violence, this 1-hour webinar:

- Discusses how to integrate a diversity and equity-informed stance that acknowledges sociocultural and historical trauma while addressing risk within families
- Demonstrates how to assess risk
- Identifies points of entry for intervention in partnership with families to prevent escalation of violence
- Provides practical safety strategies
- Reviews ways to engage in supportive conversations with parents and children about violence

Event: Keeping it in the Family: Addressing Family Conflict in the Time of COVID-19 **Date/Time:** Watch anytime

Event Link: <u>https://mhttcnetwork.org/centers/mountain-plains-mhttc/product/keeping-it-family-addressing-family-conflict-time-covid-19</u>

Families dealing with COVID-19 are facing a myriad of stressors that pile on top of their already complex lives, raising the risks for family conflict and violence. This webinar explores the added safety risks families are coping with and outlines a variety of strategies that can be successfully implemented using telehealth to strengthen families' capacities for managing this pandemic safely. In this session, participants will learn assessment and safety considerations in the time of self-isolation and quarantine and gain tools and skills to use with families to build protective skills and resources.

Event: Minimizing Risk for Conflict/Coercion in Families with School-Age Children **Date/Time:** Watch anytime

Event Link: <u>https://mhttcnetwork.org/centers/mhttc-network-coordinating-office/product/minimizing-risk-conflictcoercion-families-school</u>

This webinar provides an overview of some the risks, consequences, and intervention strategies related to a child's exposure to conflict and coercion in the home to support clinical efforts to address these situations, especially with the added challenges posed by COVID-19. A current case example in which telehealth is being used illustrates some key assessment, monitoring, and treatment tools that might help practitioners minimize or prevent the impact of these exposures. Additional practical suggestions are outlined to provide a context for encouraging family safety and well-being.

Event: The Strengthening Families Protective Factors Framework in Out-of-School Time **Date/Time:** Watch anytime

Event Link: https://vimeo.com/427498868

Learn about the Strengthening Families Protective Factors Framework. Also, learn how healthy homes create an environment where students thrive and support the well-being of young people, as well as ways to engage parents as partners to promote school success and student well-being and how to make families feel part of the school community.

Event: When the Monsters Live with Us: Reflections on the Intersection of Structural Inequities, COVID-19 and Intimate Partner Violence and its impact on Young Children in Latin American Families (en español)

Date/Time: Watch anytime

Event Link: <u>https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/cuando-los-monstruos-viven-con-nosotros</u>

El impacto de la pandemia del COVID-19 ha iluminado las inequidades existentes con la carga de la crisis recayendo en las personas representando minorías raciales y étnicas y otros grupos marginalizados. Partiendo de un encuadre que integra la justicia social y las prácticas informadas en la diversidad y el trauma, esta charla virtual ofrecerá una visión general sobre el impacto de la intersección de las inequidades estructurales y la pandemia en los niños de cero a cinco años en familias Latinoamericanas. Se abordará la violencia de pareja en este contexto y sus implicaciones desde la perspectiva del niño pequeño, el cuidador / padre y las relaciones de apego.

Event: Finding Meaning and Navigating a New Normal: Self-Care While Supporting Others **Date/Time:** Watch anytime

Event Link: https://vimeo.com/415585125

The world has changed. Our current situation is temporary, things will be different on the other side and lead to some permanent changes. Attendees will identify and practice strategies for understanding and managing stages of grief including finding meaning; examine concepts from the psychology of resilience; characteristics of compassion fatigue and crisis-related stress will be identified; strategies for establishing and maintaining physical and psychological wellbeing will be examined; effective ways to communicate with others to increase successful client support will be discussed.

Event: Partnering with Dads to Promote Family Wellbeing

Date/Time: Watch anytime

Event Link: https://vimeo.com/403023745

When programs support parents in building protective factors, families grow stronger and children benefit. Partnering with fathers intentionally, whether living with their children or not, is an important contributor to family wellbeing. This webinar will dig deeper into strategies for including and understanding dads.

Event: Relationships Matter Date/Time: Watch anytime

Event Link: https://vimeo.com/365131355

In this presentation, we will explore how unhealthy relationships may impact the healthy growth and development of children, students and young people. Participants will gain a general understanding of teen dating violence (TDV) and its long-term impact. We will identify how TDV shares characteristics with other forms of domestic violence and peer abuse. This interactive webinar will include hands-on strategies and brief exploration of teen dating violence prevention strategies and some immediate take-aways to share with students, staff and colleagues.

Event: A Child's Perspective of a Traumatic Experience **Date/Time:** Watch anytime

Event Link: <u>https://sesamestreetincommunities.org/activities/responses-trauma-age-age-video/</u>

This video was created as a visual tool for understanding reactions to traumatic experiences at different ages, and to highlight the powerful role of caring adults. As you watch, notice, consider, and reflect upon your own feelings and reactions. This will help you prepare as you share with parents the responses to trauma at different ages and stages (even babies respond to traumatic experiences)! This video only shows one type of traumatic experience (domestic violence), but the impact of all traumatic experiences is universal. However, there is good news: A caring adult can step in and change the trajectory. The power is in our hands.